



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Session Dates

Morning Classes:

Monday-Thursday

I: August 1st - 11th

Saturday

I: Aug 13- Oct 1

II: Oct 8- Nov 26

Times:

Pike/Polliwog	9am
Eel/Guppy	10am
Ray/Minnow	11am

Evening Classes:

Tuesday and Thursday

I: August 2-25th

II: Sept. 6-29th

III: Oct. 4-27th

IV: Nov. 1-29th

Times:

Parent/Child	5:00pm
Pike/Polliwog	5:45pm
Eel/Guppy	6:10pm
Ray/Minnow	6:45pm
Adult	7:20pm

Price

\$20 Members

\$40 Non-Members

Scott County Family YMCA

805 W Community Way

Scottsburg, IN 47170

(812) 725-YMCA

www.scfy.org

SWIM YEAR ROUND

Swim Lessons

The YMCA offers swim lessons for all ages and abilities. Look for your age and skill level below.

PARENT/CHILD (6 mo. - 2 years)

Classes are taught with the parent accompanying the child in the water. Basic skills are introduced at the child's development level in a fun learning environment.

PRESCHOOL (3 - 5 years)

Pike (Beginner) Children adjust to the water and develop independent movement. Teaches basic stroke and kicking skills, floating, and pool safety.

Eel (Intermediate) For children who are comfortable in the water and able to swim five feet with faces in the water and no floatation device.

Ray (Advanced) For children who can swim 15 ft. with faces in the water and no floatation device.

YOUTH (6 - 12 years)

Polliwog (Beginner) Beginning class for those uncomfortable or inexperienced in the water. They learn basic water skills including floating, gliding, and rudimentary strokes.

Guppy (Intermediate) For children able to swim 20 ft. without assistance.

Minnow/Fish (Advanced) This level is for children who can swim 25 yds. They will work on technique refinement and endurance of their strokes. A perfect preparation option for future swim team members.

ADULT (ages 13 and up)

Classes are tailored to your specific abilities, from beginner to perfecting technique for competition.

PRIVATE

One on one instruction with a flexible schedule.

Six 30-minute lessons are included.

Member \$60

Non-Member \$90